

BIP Blended Intensive Programmes FOR TEACHERS and STAFF

Polytechnic Institute of Bragança (IPB, Portugal) 2024/2025 – 2nd semester

Health and Safety in Technical Workplaces (3 ECTS credits)

Responsible: Luísa Barreira; Rui Oliveira E-mail: |barreira@ipb.pt; roliveira@ipb.pt

Location: Bragança Campus

Partners: STARS EU Partners: Bragança Polytechnic University (Portugal), Hanze University of Applied Sciences (The Netherlands), Cracow University of Technology (Poland), Universidad de La Laguna (Spain) **Calendar:** Virtual component from 21/04/2025 to 23/05/2025. Physical component from 26/05/2025 to 30/05/2025

Contents: Concepts and regulations; Labour risks control; Risk management hierarchy; General principles of prevention; Labour risks assessment; Prevention management in workplaces; Hygiene in workplace; Safety in workplace; Ergonomics in Workplace; Social psychology in the workplace; Emergency management.

Unlocking Imagination! (3 ECTS credits)

Responsible: Carlos Costa, António Meireles, Jacinta Costa E-mail: carlos.costa@ipb.pt

Location: Bragança Campus

Partners: Bragança Polytechnic University (Portugal), Universidad de La Laguna (Spain); Silesian University in Opava, Czechia

Calendar: Virtual component starting 24/03/2025, ending 25/04/2025. Physical component starting 19/05/2025, ending 23/05/2025.

Contents: Creative residency at LAM-GR (Mountain Arts Laboratory - Graça Morais) Transdisciplinary creativity fields and approaches; Methodologies fostering individual and group creativity potential; Design, implementation, and evaluation of creative processes; Unexpectedness and creativity.