

## STUDENTS IN INTERNATIONAL MOBILITY FOOD AND ACCOMMODATION INFORMATION

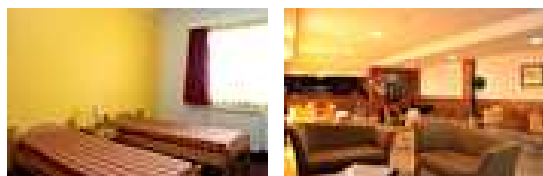
With the aim of promoting mobility among international students, the Polytechnic Institute of Bragança has signed cooperation agreements with Higher Education Institutions of various countries. In order to stimulate the mobility, and when there is such a common interest, both institutions can provide mobility grants. These grants are for one semester and include both food and accommodation by the host institution during the working period of the academic restaurants of the institution.

### **International students with a mobility grant**

The IPB guarantees accommodation at the Bragança Youth Hostel for students with a mobility grant. This Youth Hostel is certified according to SGS-ICS since May 2009 and provides high quality accommodation.

The amenities for international students at the IPB are: accommodation in double room, bed lining, kitchen and laundry service, living room, study rooms and internet. For further information on the Youth Hostel please go to <http://microsites.juventude.gov.pt/Portal/pt/PBraganca.htm>.

Food for international students with a mobility grant is assured by the restaurants of the IPB's Social Welfare, during its normal working hours from Monday to Saturday (both lunch and dinner).



***Bragança Youth Hostel***



***IPB's Restaurants***

### **International students without mobility grants**

Finding accommodation in Bragança and Mirandela is easy and cheap. Both towns have modern housing which is available for quite competitive prices. It is possible to rent a room for about 120 euros a month. This amount can actually become lower if it is a shared room or when a group of students decide to rent a flat. After receiving confirmation of their mobility period students should immediately get in touch with the International Relations Office (IRO) which will help them with accommodation issues. Apart from this there is also an International Student Support Association which performs a vital role in integrating the student. This Association also complements the services provided by the IRO and helps students with accommodation in Bragança. If the students are interested they should contact this Association via email ([ipb.aaae@gmail.com](mailto:ipb.aaae@gmail.com)) or look at the following webpage <http://www.erasmus.embraganca.info/indexEN.php>.

International students without mobility grants can also use the Social Welfare restaurants where they can have a complete meal for 2.30 Euros, including soup, main course (either fish or meat) and dessert.



***Polytechnic Institute of Bragança, Saint Apolónia Campus***

**Internet and IPB.Virtual:** The IPB provides wireless access to the internet on campus. IPB.Virtual (<http://virtual.ipb.pt>) is the e-learning platform of the IPB, where all the contents, resources and information regarding the curricular units can be accessed.

For further information please check the **IPB ECTS Guide** at [www.ipb.pt/ectsguide](http://www.ipb.pt/ectsguide), and the **International Relations Office** at [www.ipb.pt/iro](http://www.ipb.pt/iro).